

Laparoscopic Hysterectomies

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44 year old Connie Kattell of Endwell had a laparoscopic hysterectomy on January 27th. "I had it done because for several years I had experienced hemorrhaging and I became severely anemic and since I've had the surgery my health problems have been resolved, says Connie Kattell of Endwell." Kattell says when she woke up from the procedure she felt no pain. "It was basically a pain free surgery. I was home the next day. I actually felt well enough to go home that night, says Kattell." Dr. Dhruv Agneshwar has performed about 150 laparoscopic hysterectomies at Wilson Hospital. "We make 3 small incisions ranging anywhere from 5 mm to 12 mm in the abdomen while the patient's asleep and we use small instruments and different modalities to remove the uterus, says Dr. Dhruv Agneshwar with Obstetrical/Gynecological Associates of the Southern Tier."

Dr. Agneshwar says it's the best way to perform a hysterectomy because there's less blood loss, less pain, quicker recovery time, and a minimal hospital stay. "The patients in the hospital they go home the same night or the next morning, nobody has stayed more than 23 hours in the hospital. The range of recovery ranges anywhere from 1 to 3 weeks. Patients are usually back to work within 3 weeks, says Dr. Agneshwar."

More than 2 months after her procedure, Kattell says she feels great, and she has a lot of energy. She says she'd recommend this procedure to anyone who's considering having a hysterectomy.